

## **Rushbrook Primary Academy**

### **PE Subject Statement**

#### **Intent**

At Rushbrook PE develops a child's knowledge, skill and understanding, so that they can perform with increasing competence and confidence in a range of physical activities, as well as developing values and transferrable life skills such as fairness, respect, cooperation or communication.

#### **Implementation**

PE at Rushbrook is based on an enhanced model of the National Curriculum. The subject leader has created progression documents that build on the skills needed to meet the end of each KS. Our long-term plan is broad and balanced, allowing children to access a wide variety of high-quality PE and sports provision. Children are given plenty of opportunities to take part in competitive sports throughout the year.

PE is a valued subject at Rushbrook Academy, with all pupils receiving 2 hours timetabled PE/Games per week, delivered by PE specialist, class teachers or Sports coaching. Our objective within lessons is to develop the children's physical, cognitive thinking and social skills. Also, "Daily Mile" is completed every day by every pupil.

Children are given the opportunity to practice skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed it. Different skills are recapped throughout and across the years, each time they are being built upon; allowing children to know more and remember more. Children experience a range of opportunities to work individually, in pairs or in groups over time.

Year 4 receive weekly swimming lessons. These lessons run throughout the whole year. This means that children have the best opportunity to meet the swimming requirements as they have the whole year to learn, practice and apply the skills needed.

We offer a wide range of sporting after school clubs run by PE teacher, class teachers or Sports coaching. These activities are chosen by Subject leader to prepare different competitions and provide a wide range of activities for the pupils.

Competition reports, pictures and results published on the school's social media, website and newsletters for parents and children to keep abreast of the schools sporting success and be proud of our achievements.

Assessments are based on teacher assessments and are recorded on sheets weekly/termly. Pupils are also given time to reflect on their learning and take part in self, peer and group feedback within the lesson.

## Impact

In P.E, we help motivate children to participate in a variety of sports: Gymnastics, Athletics, Games and Dance. Within P.E lessons, children will adopt many different roles such as a performer, coach and leader and explore many different outdoor activities. By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study. Children of all abilities and backgrounds achieve well in Physical Education reflected in outstanding progress that reveals a clear learning journey. Children talk enthusiastically about their learning in Physical Education and are eager to further their learning in the next stages of their education. Children learn to take responsibility for their own health and fitness. Sport clubs and competitions ensure all our children have the opportunity to take part in a range of sports both in and outside of school whether that be at a competitive or noncompetitive level. We hope that they grow up to live happy healthy lives utilising the skills and knowledge acquired through PE.





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