



Intent

At Rushbrook we aim to create a happy, purposeful and supportive environment where pupils are enabled to become successful learners, develop their full potential and achieve the highest educational standards they can. We have a passionate commitment to learning and recognition of the uniqueness of individual learners. This is driven by our desire to offer the best possible education for our pupils in partnership with parents, Governors and the local community. We believe a collaborative culture is fundamental in enabling our pupils to develop personally and emotionally, and as young citizens. Children grow up in a complex and ever changing world and are exposed to an increasing range of influences. As a school we aim to build on and complement the learning that has already started at home to provide the knowledge, understanding and skills that children need to lead healthy, fulfilling and meaningful lives, both now and in the future. As a school we encourage children to think about personal and social values, to become aware of, and involved in the life and concerns of their community and society, and so develop their capacity to be active and effective future citizens. Personal, Social, Health and Economic (PSHE) education equips children with the knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices, and in achieving economic wellbeing. A critical component of PSHE education is providing opportunities for pupils to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and will in the future. PSHE education is taught as a planned, developmental programme of learning through which children acquire the knowledge, understanding and skills they need to manage their lives now and in the future. As part of a whole-school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. Further it can help reduce or remove many of the barriers to learning experienced by pupils, significantly improving their capacity to learn and achieve. PSHE education also makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety, and to their emotional wellbeing. PSHE education contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk, make informed choices and understand what influences their decisions. It enables pupils to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help pupils to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives. The aims of teaching PSHE, SMSC and Emotional Wellbeing in our school are the overarching aim for PSHE education is to provide pupils with:

- Accurate and relevant knowledge.
- Opportunities to turn that knowledge into personal understanding.
- Opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities.
- The skills and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.





Topics

- Nursery Rhymes and Ourselves
- Food and Celebrations
- Animals, Wild and Sea
- Growing and Mini Beasts
- Space
- Transport and Seaside

2. Implementation

EYFS The EYFS framework is structured differently to the National Curriculum as it is organised across seven areas of learning rather than subject areas. The most relevant early years outcomes for PSHE are taken from the following areas of learning: • Personal, Social and Emotional Development • Physical Development • Understanding the World Children will learn to be confident to try new activities and say why they like some activities more than others. They will be confident to speak in a familiar group, and will talk about their ideas, and will choose the resources they need for their chosen activities. They will say when they do, or don't need help. Children will learn to play cooperatively, taking turns with others and to take account of one another's ideas about how to organise their activity. They will show sensitivity to others' needs and feelings and form positive relationships with adults and other children. They will know the importance for good health of physical exercise and a healthy diet and talk about ways to keep healthy and safe. They will learn to manage their feelings and behaviour and learn about the consequences of their actions.

3. Impact

'PSHE education is taught by class teachers who take responsibility for planning, resourcing and delivering the PSHE curriculum. Beyond the planned programme for PSHE education, the curriculum provides children with a variety of experiences that have the potential to promote their personal, social development and economic education.

